

## Ngā Repo o Aotearoa

Repo (wetlands) are wāhi taonga (treasured areas) and act like the kidneys or sponges of the Earth – Ngā whatukuhu o Papatūānuku – filtering the whenua (land) and wai (water). They are full of resources and many Māori cultural practices are associated with repo, for example: mahinga kai (food gathering sites), rongoā Māori (medicines), raranga (weaving), waihanga (building and construction).

Repo provide unique habitats for taonga species, including: native fish – tuna, kōkopu, īnanga; birds – matuku, kawau; plants – tī kōuka, harakeke.

Whānau/hapū/iwi (tribes) depend on repo for wellbeing, strength and survival. Learn how to protect and restore our precious wetlands: www.landcareresearch.co.nz/ wetland-handbooks



Manaaki Whenua Landcare Research